

Bio for Emma Le Lievre

Kia ora ko Emma toku ingoa. I am a Mum of two, a registered midwife and a PhD candidate at the University of Otago. I live and work in the Manawatū where I have been based for the last 10 years. My research focuses on the interpregnancy period and how measures of health and wellness change after the first pregnancy, and, in turn, how these changes affect future pregnancies. I am completing my PhD part-time while I remain active in clinical practice, providing maternity care for whānau in the Manawatū. I believe this grounding in clinical work means I am constantly reminded of the real-world applications for my research and helps me keep whānau at the centre of my work. How we support birthing people and new parents during the period following birth and before subsequent pregnancies can have a significant impact not only on their lifelong health but also on their child(ren) 's health. My research aims to address this very real gap in knowledge and public health guidance.